

Invest in Yourself

By investing in yourself, you can make yourself more valuable in a variety of roles. Think about ways that you can feel empowered in situations you might encounter. List the ways that you can make yourself more valuable.

Situations	How I Can Invest in Myself
<i>Ex: Work</i>	<i>If I get additional training in web design I can make myself even more valuable.</i>
Work	
Education	
Community	
Health & Wellness	
Family	
Other	