

FIGURE 8.3 – MAIN FLIGHT BAG

Use the following list as a guide. It will take a deployment or two before you know what to carry.

### **MAIN FLIGHT BAG "72 hour Pack"**

#### **CLOTHING**

- Long durable trousers . . . . . 1–6 pair
- Long sleeve durable shirt . . . . . 1–2 each
- Durable shorts . . . . . 1–2 pair
- Distinguishing "T" shirts . . . . . 2–4 each
- Distinguishing polo shirts . . . . . 1–6 each
- Boots . . . . . 1 pair
- Tennis shoes . . . . . 1 pair
- Shower shoes . . . . . 1 pair
- Bandana . . . . . 1–2 each
- Underwear . . . . . 3–6 plus
- Socks . . . . . 3–6 plus
- Swimwear . . . . . 1
- Camp clothes . . . . . as needed

#### **COLD WEATHER – ADDITIONAL CLOTHING**

- Long johns – polypro's . . . . . 2–3 each
- Wool sweater . . . . . 1 each
- Down jackets/Coats . . . . . 1 each  
(polar guard)
- Gloves or mittens . . . . . 1–2 pair
- Wool socks . . . . . 1–2 pair
- Cold weather boots . . . . . 1 pair

#### **COOKING AND FOOD**

- Knife, spoon and fork set
- 36 hours of rations/MREs
- Cup
- High energy snacks